



## **IMAGINE BEHAVIORAL HEALTH**

### **ADOLESCENT AND YOUNG ADULT INTENSIVE OUTPATIENT PROGRAM (IOP)**

Our Intensive Outpatient (IOP) tract at Imagine for adolescent and young adults is designed to meet the specific needs of 17-25 year olds with addictions, behavior disorders and psychiatric disorders.

**Program information:** Our treatment team has gathered numerous resources directly relevant to the adolescent and young adult. The educational aspects of our program are designed to address the particular concerns and issues of this particular age group. Furthermore the therapeutic aspects of our program go beyond the traditional and speak directly to the adolescent and young adult. Our program meets Monday, Tuesday and Thursday from 4:30-7:30pm. In addition to the group times each participant is required to participate in a minimum of one hour of individual therapy per week. All families are required to attend a family program on Wednesday evenings for a minimum of 4 weeks. The duration of the program is 10 weeks.

**Referral information:** Please fax a release to Imagine Behavioral Health at (601) 982-5377. We will then contact the patient and set up an assessment. If the referring clinician prefers they can continue to see the patient on a weekly basis and this will fulfill our requirement of one hour per week of individual therapy. Furthermore if the patient is referred by a physician we can either manage their medications on site or the physician can continue to manage the patient's medications via their own office. We will provide weekly updates and a discharge summary to the referring physician/clinician. Upon completion of the program the patient will be referred back to the referring physician/clinician.

**Program components:** Assessment & Evaluation, Individualized Treatment Planning, One-on-one Counseling, Group Therapy, Family Therapy, 12 Step Work, A.A./N.A. Participation, Psychiatric Consultation and Medication Management of Psychiatric and Addictive Disorders, Urine Screenings, Continuing Care/Aftercare and Referral Services as needed.

**Cost:** We accept most insurance carriers. We do the filing directly and negotiate rates with insurance carriers in order to provide quality affordable treatment. Psychiatric services are billed separately. When insurance is not an option we offer scholarships and a sliding scale to individuals on a case by case basis.

**Program Directors:** Medical Director - Karen Holloway, MD, Board Certified Addiction Psychiatrist  
Clinical Director - Baxter H. Hogue, LPC

**Location and Contact:** The Quarter, 1855 Lakeland Drive, F-21, Jackson, Mississippi 39216  
Phone: (601) 982-5376 Fax: (601) 982-5377